

MEDICAL AND SOCIAL REHABILITATION OF PATIENTS WITH NARCOTICS ABUSE

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ABSTRACT

Background. Narcotics are dangerous drugs/substances, which can cause mental dependence on the user, and can cause physical and mental destruction. Narcotics are used in the world of health and is used to anesthetize patients, but many people are wrong using narcotics. Narcotics abuse has recently increased not only among adults but also teenagers and children also abuse it. This research aimed to describe the medical and social rehabilitation of patients with narcotics abuse. **Research Method.** The research design used a descriptive-analytic approach. PRISMA checklists were used to assess systematic reviews. Databases: ProQuest, CINAHL, Science Direct, Pubmed, and Scopus. Search articles using the PICOS framework. Assessing the risk of study bias can be substituted with the Joanna Briggs Institute (JBI) Critical Appraisal method. **Findings.** Patient abuse or a person who abuses narcotics is a sick person who is obliged to do so undergoing rehabilitation. Not just using it once but will depend on these haram items even though the law clearly states that you are not allowed to abuse narcotics except for study. **Conclusion.** An effective way for drug abusers is to rehabilitate those who do narcotics addiction, by rehabilitating narcotics users educated and trained so that in the future they will not fall into the dark world of narcotics again.

Keywords: Abuse Patients, Narcotics, Rehabilitation.

BACKGROUND

Narcotics are substances or drugs derived from plants or non-plants, whether synthetic or semi-synthetics which can cause decreased consciousness loss of taste, reduced and relieve pain and can creates dependency[1]. If used according to the actual narcotic dose of the drug which is very important for the world of health, development of science and technology[2].

Abuse and illicit trafficking Narcotics in Indonesia have spread to Indonesian territory, that abuse Narcotics have become increasingly dangerous. Not just in big cities. It's just that narcotics are spreading but they have already entered to villages and remote areas. Narcotics abuse is not only for adults but also for adults teenagers and children who wear them[3]. Most are Class I narcotics abusers consuming crystal methamphetamine or methamphetamine.

According to Law Number 35 of the year 2009 concerning Narcotics[4], Category I narcotics There are 65 types that are often misused namely marijuana and cocaine. Marijuana and cocaine prohibited for production and use in production process except for purposes certain. Narcotics can only be obtained online imported and domestically produced materials the law only regulates regarding trafficking and use of narcotics. Because the law expressly has prohibition class I narcotics, namely shabu-shabu is used for other purposes others that are not related to science knowledge.

Narcotics addicts are people who abuse narcotics and internally state of dependence on narcotics, good physically and psychologically[5]. Dependence on narcotics is a condition characterized by the urge to use narcotics continuously with increasing dosage produces the same effect and if its use is reduced and/or discontinued suddenly, causing physical symptoms and typical psychology.

Narcotics abusers are people who using narcotics without permission or resisting law. Addict or victim of abuse narcotics are mandatory sick people undergoing rehabilitation, most of the perpetrators. Narcotics are categorized as victims of abuse and victims of narcotics who are not immediately sick persons[6]. Narcotics users can be said chronic diseases such as physical disorders due to excessive use, and narcotics can produce fantasies pleasant. The amount of narcotics is increasing time used to obtain narcotics. Narcotic users cannot it just stops, if you stop using it there will be damage to the body and work brain, loss of consciousness, and going crazy until death. For this urgent of this research, this research aimed to describe the medical and social rehabilitation of patients with narcotics abuse.

RESEARCH METHOD

The secondary data used in this study came from earlier investigations rather than from firsthand observation. Reputable journal articles with preset subjects published both domestically and abroad serve as secondary data sources. Five databases, including Scopus, Science Direct, Pubmed, CINAHL, and ProQuest, with high and medium reputations, were used for the literature search in the Systematic review. Use keywords and Boolean operators (AND, OR NOT, or AND NOT) to search for articles or journals. These operators help you narrow down your search and make it easier to find what you're looking for. The terms "patient abuse," "narcotic," and "rehabilitation" are modified from the Medical Subject Heading (MeSH) for this literature review.

FINDINGS

Using a checklist sheet created from the PRISMA template, the researcher checked the chosen articles at random and made necessary revisions in accordance with the recommendations[7, 8]. After that, the researcher took data out of the papers that met the inclusion criteria. The researchers discovered 1,535 papers that matched these keywords after conducting a literature search of publications in five databases using MeSH-adjusted keywords. After checking the search results for duplication, 879 articles that were similar to the first 656 articles were discovered.

After adjusting the title for the systematic review theme, the researcher assessed the remaining 346 papers and found that up to 310 of them were inappropriate. Following abstract-based selection, 300 papers were deemed unsuitable and were eliminated, leaving 46 full-text articles that could be evaluated. There are 25 articles that meet the inclusion criteria once the articles are included in accordance with the inclusion criteria. 21 publications did not meet the inclusion requirements; they included 5 that did not correspond with the intended population, 8 that did not correspond with the intended intervention, 4 that had inappropriate results, and 4 that did not correspond with the research type. Subsequently, a second screening of the 25 papers was conducted using the exclusion criteria. Following screening, the findings revealed that none of the articles met the exclusion requirements. In order for up to 6 articles to be assessed based on the final results of the published articles[2, 9–13]. Analysis based on literature search and discussion according to health and social rehabilitation[14].

DISCUSSIONS

Rehabilitation is an activity or process to help people suffering from narcotics who require medical treatment for achieve physical capabilities, places that provide training, skills and knowledge to avoid narcotic influence. As the article says 127 Law Number 35 of 2009 regarding Narcotics[4], as follows; 1. “Every Misuse: a) Class I Narcotics for yourself himself was punished with a crime imprisonment for a maximum of 4 (four) years; b) Class II narcotics for self, himself was punished with a crime imprisonment for a maximum of 2 (two) years; c) Class III narcotics for personal use himself was punished with a crime imprisonment for a maximum of 1 (one) year.” In case of misuse as intended in paragraph (1) can be proven or proved to be victims of drug abuse, the misuse is mandatory undergoing medical rehabilitation and social rehabilitation. According to Law Number 35 of the Year 2009 concerning Narcotics that rehabilitation can be classified into 2 types, namely Medical

Rehabilitation and Social Rehabilitation. Medical Rehabilitation is an activity process in an integrated manner to free addicts from drug addiction.

Rehabilitation medical treatment for narcotics addicts can be done at Hospital appointed by the Minister Health is a hospital organized by both the government and public. Apart from that, treatment and Medical rehabilitation is also possible through a religious approach and traditional, in accordance with existing norms applies in society. Meanwhile, social rehabilitation is something an integrated recovery process, both physical, mentally and socially, so that former addicts narcotics. Social rehabilitation institution appointed by the Minister of Social Affairs, namely the institution well-organized social rehabilitation by government and society[15].

As reads Article 54 of Law Number 35 2009 concerning Narcotics as follows: “Narcotics addict and victim mandatory narcotics abuse undergoing medical rehabilitation and social rehabilitation”. What is meant by “victim drug abuse” is a person who accidentally use narcotics because of being persuaded, deceived, deceived, forced, and threatened to use narcotics. Efforts to reduce the number of users narcotics will fail, poor and inappropriate handling towards users, one of which is through rehabilitation[16–19]. In fact, it will make them return to using the illicit goods and the number of prisoners will increase increases, efforts to reduce the number of users What is quite effective is rehabilitation. In accordance with Law Number 35 2009 concerning Narcotics which included articles 54, 55, and 103 which state that every narcotics addict and victim narcotics abuse must undergo treatment and/or care, but in practice in the field there are still enforcement officers law that has a good paradigm addicts, drug abuse and dealers must be punished. Despite owning and controlling narcotics must be considered as well as the intent and the purpose of possession of the narcotics, whether intended for personal use or traded. This is despite the mandate of Law Number 35 of 2009 concerning Narcotics very clearly states that it is important for narcotics abuse must undergo medical rehabilitation and social rehabilitation[20].

The implication of this research is that rehabilitation is the right way for narcotics abusers so that they can be trained and get care or treatment in the future you won't fall into the dark world narcotics again. The judge can decide the addict narcotics are rehabilitated if addicts narcotics is proven to be truly guilty committing narcotics crimes and places rehabilitation or treatment for every person should abuse narcotics that area exists. Contribution of this research that rehabilitation is the best course of action for those who take drugs so they can receive care and therapy going forward and avoid relapsing into the drug-addled dark world. Individuals who abuse drugs are rehabilitated if it is established that

they are genuinely guilty of committing drug-related offenses and if appropriate rehabilitation or treatment programs are available for all drug abusers.

CONCLUSION

Abusers are people who using Narcotics without authorization or against the law, using narcotics without with the knowledge and supervision of a doctor. Addict or victims of narcotics abuse is a sick person. Most of the perpetrators narcotics are included in the victim category inappropriate abuse of narcotics immediately a sick person, and they are need for rehabilitian in medication an social is an effective treatment.

Acknowledgement

Special thanks to University of Andalas for the grant of research.

Conflict of Interest

The authors declare no conflict of interest because of release of this article.

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